

The Unlock Programme



"Every student should do this" Student, Year 10, Ealing

In a nutshell

Unlock is a 4 day programme which is spread over two months. It raises motivation, aspiration, attainment and achievement. It creates unlikely ambassadors of those who aren't reaching their full potential and, in turn, enables those students to have an impact on the rest of their peers. Unlock students have delivered over 16,000 hours of training to their peers with close to 100% vastly exceeding academic expectations and all 100% expressing confidence in their future. It's a "no holds barred" intense roller coaster of an experience which leaves an indelible impression on students and staff.

Impact: some examples

School 1: Mixed, 850 students, 28% pupil premium. Participants from KS3 & KS4. 100% Y11 achieved 5 A*- C (90% including English and Maths)

School 2: 625 girls, 49% pupil premium. Participants were Y9 & 10 mixed ability. 93% Y9 and 83% Y10 achieved or exceeded academic targets

School 3: 230 place virtual school for looked after students. 100% FSM. Mix of KS3, 4 & 5. All reported they had renewed confidence & self-worth

School 4: 1,100 place, 52% pupil premium. Participants were a mix of KS3, 4 & 5. 100% participants attained 5A*-C (including English and Maths) and 40% achieved 4+ A*/A at GCSE; one went on to be Deputy Head Boy



Highlights

- Intense programme for students in groups of 12, plus 2 staff
- 4 day course spread over 7 weeks to embed learning
- Kick-off with a 90 min inspirational session for up to 300 students
- Can be extended with additional modules with our Unlock Enterprise or Unlock Enterprise Plus programmes



Key skills

• self-awareness · presentation creation · independence · teamwork · employability · inquisitiveness · communication · questioning · responsibility · self-confidence · presentation delivery · networking · time management · business · resilience

"I have learnt that I can do things I hadn't thought of in the past; it's helped me see my attitude affects others around me"
Student, Year 10, West Sussex

"I'm going to stop spending so much time messing around on my phone and focus on my GCSE's" Student, Year 10, Carlisle

We pride ourselves in delivering high quality, high-impact programmes.
We offer three products for secondary education: Unlock, Unlock Enterprise and Unlock Enterprise Plus.
To find out which Unlock programme best suits your school please contact us.

The Unlock Programme



Forming



The first full day starts with a motivational talk to a year group (up to 90 minutes) which brings all students to a level footing and also raises the profile of the programme so it's not seen as something which a specific type of student is put on. We then work with the group selected for the programme for the remainder of the day, taking them through many activities, such as Hot Seats, to prepare them for the Immersion Day. By the end of the day they will be equipped with an ability to engage with people they've never met.

"I've learnt that I can do stuff on my own without having to rely on others. Now I can even be the leader of a group, instead of saying 'I don't know what to do!'" Student, Year 9, Nottingham



Experiencing



One week later, we take the group on their Immersion Day which is where they visit four or five hosts who are at the forefront of their industries and occupations. We carefully select hosts to match with students' backgrounds and aspirations. It's a unique opportunity to meet and discuss with such a diverse range of inspirational people. Immersion opens students' eyes to real opportunities, and allows them to develop their own strategies for personal development.

"The Immersion Day was brilliant, it was...absolutely amazing! It was fun, it was helpful...It's made me think, it's made my brain work." Student, Year 10, Kent



Another week passes and we work with participants to help them plan how to present back to the Year group to share their learning and experience. This gives Unlock students experience, skills and confidence in presenting to a large audience and delivering succinct messages in an engaging manner. It means that the rest of the Year group, who started the journey with them three weeks prior, share in their learning and benefit from the hosts participants met on their Immersion Day.

Sharing



"I now know that you have to reach out and ask for things rather than waiting for people to come to you, because they won't" Student, Year 9, South London



Four to six weeks later we work with the group as they reflect on the skills they've developed and the knowledge they have gained. We help them create 'elevator pitches' and bring local, external influential people to whom students, one to one, present their ideas and thoughts. This experience (for both students and externals) validates what students have learned, strengthens relations between the school and externals and gives students the realisation that they can create their own future.

Validating

Bryanston Square was founded in 1999 to enhance the learning environment. In the past year, we had a direct impact on more than 6,000 people. We delivered more than 150 workshops in 8 different countries to students, teachers, leaders and business professionals across the UK, Europe, Middle East and the US. We are passionate about developing students of all ages, enhancing the learning environment & inspiring change in education.